



Department of School Education & Literacy
Ministry of Education
Government of India



10th International Day of YOGA

“Yoga for Self and Society”
योग - स्वयं और समाज के लिये

IDY 2024 A Report



International Day of Yoga is being celebrated since 2015 with an ever-growing number of participants across the world with various themes. The theme for IDY 2024 was **'Yoga for Self and Society'**

This year, Department of School Education & Literacy celebrated the event across the country joyfully through various Yoga activities focusing on the Common Yoga Protocol (CYP) developed by Ministry of AYUSH.

An unprecedented number of more than 8.28 crores school students and teachers across the country from State Government Schools, CBSE, KVS, NVS schools, NCERT, NCTE, NIOS actively participated in the programme.

The program was also broadcasted live on 200 DTH channels, NCERT App, PM e-Vidya TV channel and You Tube.

NCERT conducted National Yoga Olympiad at Mysuru, where participation of around 800 students from all States/UTs was observed.

Further, workshops, seminar, demonstration and various yoga related activities like laughter yoga session, dance with yoga, painting competition, quiz competition, essay writing competition etc. were observed by State/UTs and Autonomous Bodies.





Department of School Education & Literacy celebrated the IDY at NCERT in presence of Shri. Sanjay Kumar, Secretary, DoSEL and Dr. Dinesh Prasad Saklani, Director NCERT. Officers and staff of DoSEL also attended the event.

Like every year it was communicated to all schools of States and Uts as well as Autonomous bodies to participate in the IDY event.

For effective implementation of the IDY State wise Nodal Officers were appointed. A virtual meeting of all Nodal Officers of all states/UTs and Autonomous Bodies was taken; which was chaired by JS SSI-AE. To monitor the on-ground event and to collect the data, tracker was developed by the department. A team of Officers and consultants monitored the event. The data of participation is as follows.

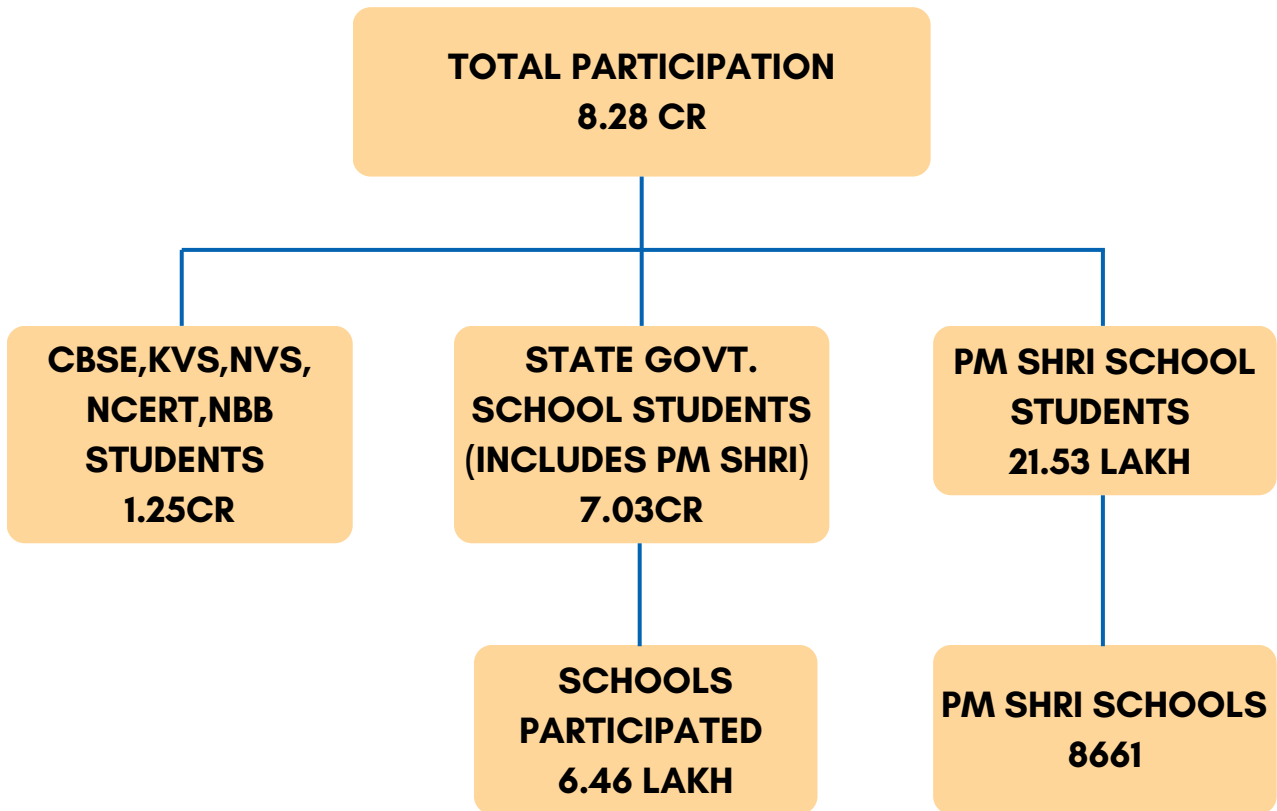
State/UTs/ABs Participated	Total Schools Participated	Total Participation
36+7	6,46,339 *	8,28,77,806**

*Odisha has not given Number of Schools

**West Bengal has not provided data of participation.

**The Number is as reported.

IDY 2024 Statistics





संगच्छध्वं संवदध्वं सं वो मनांसि जानताम्। देवा भागं यथा पूर्वे सञ्जानाना उपासते।।

May you move in harmony; may you speak in unison; let our mind be equanimous like in the beginning; let the divinity manifest in your sacred endeavours.

-Rigved 10/191/2



Key Features of the 10th IDY

- The State and UT wise Nodal Officers were appointed well in time.
- The concept note regarding Yoga Day was sent to all States, UTs and Autonomous Bodies.
- Meeting of all State Nodal Officers was organized by the DoSEL Chaired by JS SS1 and AE.
- Team of Officers and consultants monitored the event.
- WhatsApp group of all State Nodal Officers was created for better coordination and to get real time updates from the ground.

On 21st June 2024 overwhelming response was observed nationwide.



Media Coverage

STATE

International Yoga Day celebrated across Nagaland

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Disability Along with the rest of the world, International Yoga Day (IYD) was celebrated across the state on June 21.

Asana Rajeev Anand, a yoga instructor, said that the day was celebrated in a grand manner across the state. He mentioned that the day was celebrated in various parts of the state, including Kohima, Dimapur, and other districts.

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Disabled students set records in Vij

DC CORRESPONDENT VIJAYAWADA, JUNE 21

As many as 600 disabled students and 400 normal students performed yoga on the same stage and achieved the 'International Genius Book of Records, Miracles World Record' at Sri Chennupati Ramakotaya Municipal Indoor Stadium, Vijayawada, on Friday.

The Department of Inclusive Education, under the aegis of Samagra Shiksha, organised the 10th International Yoga Day celebrations.

Samagra Shiksha state project director B. Srinivasa Rao, who attended as the chief guest, said yoga should be made an integral part of our daily lives.

He said that disabled students are not inferior to normal students in anything, and recently in Anantapur, sports like adventure sports, trekking, rappelling, and long walking have been made possible. He also praised that children with special needs have shown talent and become an inspiration.

10वे अंतरराष्ट्रीय योग दिवस के अवसर पर जिला ओलंपिक गाउण्ड में किया गया सामूहिक योगाभ्यास

अंतरराष्ट्रीय योग दिवस: योग करें, निरोग रहें: सांसद

जिला ओलंपिक गाउण्ड में 10वां अंतरराष्ट्रीय योग दिवस के अवसर पर जिला ओलंपिक गाउण्ड में किया गया सामूहिक योगाभ्यास। सांसद ने योगाभ्यास के दौरान कहा कि योगाभ्यास से निरोग रहें और जीवन में योग्यता बढ़ेगी।

सांसद ने कहा कि योगाभ्यास से निरोग रहें और जीवन में योग्यता बढ़ेगी। योगाभ्यास से निरोग रहें और जीवन में योग्यता बढ़ेगी। योगाभ्यास से निरोग रहें और जीवन में योग्यता बढ़ेगी।

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स्कूल के पाठ्यक्रम में योग करेंगे शामिल

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Samagra Shiksha wing holds 'Inclusive Yoga day'

The Hindu Bureau VIJAYAWADA

State Project Director of the Samagra Shiksha wing of the School Education Department B. Srinivasa Rao on Friday participated in a massive demo of yoga postures by 1,000 students with special needs. Mr. Rao said the department celebrated an Inclusive Yoga Day wherein 1,000 children performed yoga on the same day to send a message that physically challenged persons were no less than others.

The State-level 10th International Yoga Day was organised by the Inclusive Education Department of the Samagra Shiksha wing at Chennupati Ramakotaya Municipal Indoor Stadium in Vijayawada.

Additional Director K.V. Srinivasulu Reddy, Additional Director A. Subba Reddy, Chief Engineer K. Srinivasa Rao, State IE coordinator N.K. Annapurna, NTR District Education Officer Subbarao and others participated in the day with enthusiasm. At K.L. Deemed to be University, the NCC IO Andhra Battalion led the celebrations at the open air theatre on the university premises.

Velayudhi Ramakrishna School of Engineering and Siddhartha Academy of Higher Education collaborated with Sri Sri School of Yoga to mark the celebrations that were aimed at promoting yoga and wellness among students and teaching and non-teaching staff.

People perform asanas to mark Yoga Day

Pranayama mantras echo across hills

'Yoga helps fight stress'

Yoga can purify mind: Guv

People performed asanas to mark the International Yoga Day at the Hills in Shimoga on Friday.

The event was organized by the State Yoga Department. The day was celebrated in a grand manner across the state. He mentioned that the day was celebrated in various parts of the state, including Kohima, Dimapur, and other districts.

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Key Organisations



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युवा कार्यक्रम
एवं खेल मंत्रालय
MINISTRY OF
YOUTH AFFAIRS
AND SPORTS



All States and Union Territories of Bharat

